



WINDOWS

PREGNANCY AS A WINDOW TO FUTURE CHRONIC DISEASE

A DIWAS / ARTIST for HER INITIATIVE

SAT - SUN | JANUARY 23 & 24, 2021 | 5:00 - 9:30PM IST



DAY 1, SAT, JAN 23, 5 - 9:30PM IST

5.00-5.10 - Welcome & Invocation - Dr Hema Divakar & Dr Usha Sriram

Session 1

PREGNANCY | HYPERTENSION | LOW BIRTHWEIGHT | & MORE

5.10-5.20 - Welcome & Introduction of speakers: Session 1

Dr Sanjay Gupte (Ind) & Dr Anil Kapur (Ind)

5.20-5.40 - Pregnancy as a stress test and a window to future chronic disease -

Prof. Amanda Henry (Aus)

5.40-6.00 - Hypertension & Gestational HTN: The pressure on Screening, Early Detection & Management-

Dr Amy Sarma (USA)

6.00-6.20 - Placental syndromes -

Prof. Basky Thilaganathan (UK)

6.20-6.40 - Low birth weight babies: Big metabolic & endocrine problems -

TBD

6.40-6.55 - Audience Q&A



DAY 1, SAT, JAN 23, 5 - 9:30PM IST

Session 2

PREGNANCY | OBESITY | MACROSOMIA | & MORE

- 6.55-7.05 - Welcome & Introduction of speakers: Session 2 -
Dr Vani Sethi (Ind) & Dr Sarita Bajaj (Ind)
- 7.05-7.25 - Obesity in women of reproductive age -
Prof. Donna Ryan (USA)
- 7.25-7.45 - Gestational weight gain: Science, Concerns &
Solutions -
Prof. Leanne Redman (USA)
- 7.45-8.05 - Offspring of women with GDM: Looking through
the window -
Prof. Ronald Ma (HK)
- 8.05-8.25 - Social determinants of women's health -
Prof. Garima Sharma (USA)
- 8.25-8.40 - Audience Q&A



WINDOWS of opportunity never to be missed
Preconception Care
PANEL DISCUSSION

Panelists

Dr Gita Arjun (Ind), Dr Ambrish Mithal (Ind), Prof Donna Ryan (USA) & Prof Basky Thilaganathan (UK)

Moderators

Dr Hema Divakar (Ind) & Dr Usha Sriram (Ind)

8.40-9.30PM IST

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DAY 2, SUN, JAN 24, 5 - 9:30PM IST

5.00-5.10 - Opening remarks - Dr Hema Divakar & Dr Usha Sriram

5.05-5.15 - Pearls from Day 1 - Dr Chitra Selvan (Ind)

Session 3

PREVENTING NCDs – FRESH THINKING

5.15-5.25 - Introduction of topics & Speakers: Session 3 -
Dr Uma Ram (Ind) and Dr Aisha Sheikh (Pak)

5.25-5.45 - Metabolic disorders in pregnancy: Guidelines,
Reality & Concerns -

Prof Shakila Thangarathinam (UK)

5.45-6.05 - Prevention of Type 2 diabetes in women with
GDM -

Prof. Maria Inez Schmidt (Bra)

6.05-6.25 - Prediction & Prevention of CV risk in women
with GDM -

Prof. Ravi Retnakaran (Can)

6.25-6.45 - Prevention of GDM: Are we there yet?

Prof. Saravanan Ponnusamy (UK)

6:45-7:00- Audience Q&A



DAY 2, SUN, JAN 24, 5 - 9:30PM IST

Session 4

AT THE HEART OF THE ISSUES AROUND NCDs

7.00-7.10 - Introduction of topics & Speakers: Session 4 -

Dr Elena Kamel (USA) & Dr Vinita Das

7.10-7.30 - Heart health of women: A pioneering cardiologist's perspective -

Dr Annabelle Volgman (USA)

7.30-7.50 - Cardio Obstetrics: The need of the hour -

Dr Nandita Scott (USA)

7.50-8.10 - Environment & Women's health -

Prof. Jeanne Conry (USA)

8.10-8.30 - Audience Q&A



Opening the WINDOWS of Opportunity Call to Action

PANEL DISCUSSION

Panelists

**Prof. Jeanne Conry (USA), Prof. Dinesh Baswal (Ind),
Prof. Moshe Hod (Isr), Prof. Shashank Joshi &
Prof. Annabelle Volgman (USA)**

Moderators

Dr Hema Divakar (Ind) & Dr Usha Sriram (Ind)

8.30-9.30PM IST

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