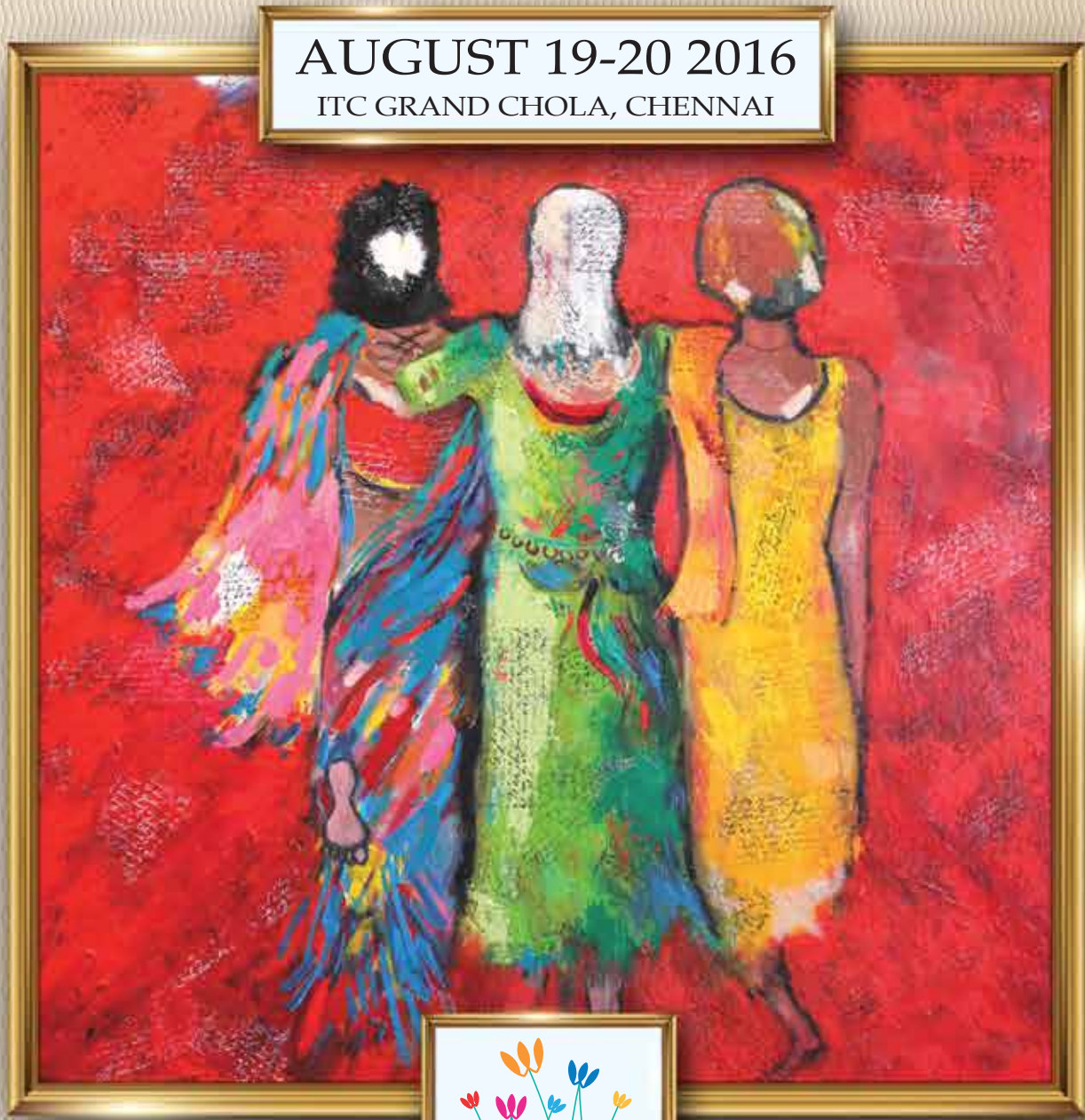


DIWAAS

DIABETES IN WOMEN ADVANCES AND ADVOCACY SUMMIT

AUGUST 19-20 2016

ITC GRAND CHOLA, CHENNAI





Dear Friends,

Greetings from the DIWAAS organizing committee. This 2 day Diabetes & Women Advances and Advocacy Summit to be held on Aug 19th and 20th in Chennai, India will be the first of its kind bringing to focus a most important challenge that we have right now. Diabetes in women is on the rise and the burden is expected to escalate even further due to rising prevalence of gestational diabetes, obesity, polycystic ovary syndrome and changing lifestyles in women.

Diabetes makes women very vulnerable to heart diseases, stroke, depression, fractures and higher mortality. Diabetes care in women is a greater challenge with pregnancy, postpartum follow-up, menopause, socio-economic challenges and their own attitudes and awareness adding layers of complexity to an already difficult situation. Discrimination and stigmatization are very real and serious issues for girls and women with diabetes.

We are fortunate to have extraordinary speakers like Prof. Donna Ryan from the USA, an International expert on obesity who will deliver the keynote address and other equally well known and outstanding International experts from Malaysia, Srilanka, Singapore, Bangladesh, Pakistan, Myanmar and our very own and much sought after faculty from India. These experts will bring together evidence and experience, science and the art of clinical practice, standards of care and cost effectiveness.

We have included workshops, symposium, lectures, and panel discussions to cover the entire spectrum of diabetes care from Cardio Vascular risk to Obesity to Gestational diabetes to Therapeutics to Preconception care. Our aim is to equip the practitioner with the knowledge and confidence to provide upto date and appropriate solutions to the women they are caring for.

Physicians, Diabetologists, OB/ GYN, Endocrinologists, Women's health experts, Nutritionists and Physicians in training will find this program most valuable. Women's health advocacy groups and policy makers are invited to participate in this program to develop a strong coalition of stake holders and to develop strategies for empowerment of women in the community and for advancing the cause of diabetes in women in the global agenda.

Looking forward to having you all join us in this exciting and empowering summit.

Usha Sriram and Diwaas team.

THE ARTIST: CHERYL BRAGANZA

Cheryl Braganza is a Goan artist, writer and cancer survivor living in Montreal. In 2008, she was chosen Montreal Woman of the Year by the Montreal Council of Women and in 2015 received a Lifetime Achievement award for Art Activism from the Living Kindness Foundation, New York.

The DIWAAS team is grateful to the kindness and generosity of Ms Cheryl Braganza who has so graciously given us the amazing images on the front and back cover and given us permission to use them for highlighting the importance of this coalition and this summit.

The story of Ms Braganza is one of courage, enormous talent and higher purpose. She has used her art for activism and in fact feels happy about art being used by the medical community as an instrument of change. The three women on the front cover convey unity in diversity and seem to be looking ahead with hope and determination. It also seems to say “we are in this together”

The roundtable on the back cover is exactly what we intend to do at this summit. Build coalitions, share knowledge and ideas, work together and find solutions.

Thanks for your kindness Ms Braganza! DIWAAS salutes you.

INTERNATIONAL FACULTY

Dr. Aisha Sheik, *Pakistan*

Dr. Chan Siew Pheng, *Malaysia*

Dr. Chandrika Wijeratne, *Srilanka*

Prof. Donna Ryan, *USA*

Dr. Faria Afsana, *Bangladesh*

Dr. Mahtab, *Bangladesh*

Dr. Manju Chandran, *Singapore*

DAY 1- HALL-A

FRIDAY, 19TH AUGUST, 2016

Session 1

09.00 am - 09.20 am

Chairs: Dr. R S Hariharan & Dr. K Kannan

Diabetes in India: A moving target

09.20 am - 09.40 am

Diabetes in the young: Is it Type-1, Type-2, MODY or LADY?

09.40 am - 09.50 am

Fact Check: Gender differences in diabetes mortality

09.50 am - 10.00 am

Discussion

Dr. S R Aravind

Dr. V Mohan

Dr. Chitra Selvan

Session 2

10.00 am - 10.20 am

Chairs: Dr. Vasantha Nair & Dr. V Mohan

Therapeutic options in diabetes care

10.20 am - 10.40 am

Early optimization of glycemic control

10.40 am - 11.00 am

Self monitoring of blood glucose: A seriously underutilized tool

11.00 am - 11.10 am

Discussion

Dr. S P Chan

Dr. Shashank Joshi

Dr. Usha Sriram

11.10 am - 11.30 am

COFFEE

Session 3

11.30am - 11.40 am

Chairs: Dr. Lily John & Dr. Chandrika Wijeratne

Fact Check: Glyburide in pregnancy: Cause for concern?

11.40 am - 12.00 pm

The D Dilemma: Vitamin D, Diabetes and Do's & Don'ts

12.00 pm - 12.10 pm

Discussion

12.10 pm - 01.20 pm

Panel discussions: How to do it: Match therapies with patients

Moderators: Dr. Neeta Deshpande & Dr. S P Chan

Panelists: Dr. K M Prasanna Kumar, Dr. Ambrish Mithal, Dr. Nihal Thomas, Dr. S R Aravind & Dr. Binayak Sinha

Dr. Belinda

Dr. Ambrish Mithal

01.20 pm - 02.00 pm

LUNCH

02.00pm - 05.45 pm

Workshops (Each workshop 1hr 15mins)

02.00 pm - 03.15 pm

Infections & Immunizations: Dr. Ramasubramaniam / Dr. V B Narayana Murthy / TBD

Moderators: Dr. Narayanan. / Dr. Selvapandian

03.15 pm - 04.30 pm

Insulin Therapy- Barriers, Art & Science: Dr. Nihal Thomas / Dr. Banshi Saboo / TBD

Moderators: Dr. Rajiv Kovil / Dr. Rajeswari Janakiraman

04.30 pm - 05.45 pm

Microvascular Complications: Dr. Vijay Viswanathan / Dr. K M Prasannakumar/TBD

Moderators: Dr. Chitra Selvan / Dr. Dr.J.S kumar

DAY 1- HALL-B

FRIDAY, 19TH AUGUST, 2016

Session 1

09.00 am - 09.20 am

09.20 am - 09.40 am

09.40 am - 09.50 am

09.50 am - 10.00 am

Chairs: Dr. Lakshmi Seshadri / Dr. Sudha Vidyasagar

IUGR: Small babies Big metabolic & endocrine problems: Fetal origin of adult disease

Maternal weight gain: What's recommended and what's needed and what's happening

Fact Check: Artificial Sweeteners in pregnancy

Discussion

Prof. C. Yagnik

Prof. Muralidhar Pai

Dr. Pramila Kalra

Session 2

10.00 am - 10.20 am

10.20 am - 11.00 am

Chairs: Dr. Mahtab and TBD

PCOS: Much more than just a reproductive issue

Keynote address: Obesity : Is the problem bigger for women?

Prof. Chandrika Wijeratne

Prof. Donna Ryan

11.00 am - 11.20 am

COFFEE

Session 3

11.20 am - 11.40 am

11.40 am - 11.50 am

11.50 am - 12.20 pm

Chairs: TBD/TBD

GDM: Can we prevent GDM? Making sense of the evidence

Fact Check: Contraception and diabetes

The FIGO- GDM initiative: addressing the health system and societal barriers in improving diabetes related maternal and women's health

Dr. Nikhil Tandon

Dr. Bharti Kalra

Dr. Anil Kapur

12.10 pm - 12.20 pm

12.20 pm - 01.20 pm

Discussions

Panel Discussions: How to do it? Preconception care

Moderators: Dr. Usha Sriram & Dr. Hema Divakar

Panelists: Dr. Alka Kriplani, Dr. Revathi Raj, Dr. Thara Srinivasan, Dr. Donna Ryan, Dr. Faria Afsana, Dr. Manju Chandran, Dr. Sheela Nambiar, Dr. Nirmala Jaishankar

01.20 pm - 02.00 pm

LUNCH

02.00 pm - 05.45 pm

02.00 pm - 03.15 pm

03.15 pm - 04.30 pm

04.30 pm - 05.45 pm

Workshops (Each workshop 1hr 15mins)

Osteoporosis: Dr. Ambrish Mithal / Dr. Manju Chandran / Dr. M S Seshadri

Moderators: Dr. Bhuma Srinivasan / Dr. Thomas Paul

Thyroid: Dr. Rakesh Sahay / Dr. Manoj Chaddha / Dr. Nikhil Tandon

Moderators: Dr. Vageesh Ayyar / Dr. Sruti Chandrasekaran

Nutrition & Nutrients in pregnancy: Dr. Nirmala Jaishankar / Dr. Evita R Fernandez / Dr. Shilpa Joshi

Moderators: Dr. Gita Arjun / Dr. Sheela Nambiar

DAY 2- HALL-A

SATURDAY, 20TH AUGUST, 2016

07.30 am - 09.00 am **Breakfast symposium** (Limited to 100 participants only) - **Insulin Pump:** Dr. V Kumaravel & Dr. Shalini Jaggi
Moderator: Dr. Subramanian Kannan

Session 1

09.00 am - 09.20 am

Chairs: TBD & Dr. Muruganathan

Prediabetes & CV risk in women: Does the clock start ticking sooner?

Dr. Mala Dharmalingam

09.20 am - 09.40 am

Hypertension and cerebro-vascular risk in diabetes : Targets and options

Dr. Venkatraman S

09.40 am - 09.50 am

Fact Check: Oats, Millets and soy : How good are they for people with diabetes?

Dr. Belinda

09.50am - 10.00 am

Discussion

Session 2

10.00 am - 10.20 am

Chairs: Dr. A Ramachandran & Prof. Padma Menon

Novel biomarkers in diabetes and CVD

Dr. Ajit Mullaseri

10.20 am - 10.40 am

CV risk assessment: From TMT to CT Angio

Dr. Asha Mahilmaran

10.40 am - 11.00 am

CV outcome trials in diabetes: Gender biased?

Dr. Awadesh Kumar Singh

11.00 am -11.10 am

Discussion

11.10 am - 11.30 am

COFFEE

Session 3

11.30 am - 11.40 am

Chairs: Dr. Ajit Mullaseri & Dr. Mala Dharmalingam

Fact Check: Statins and diabetes risk

Dr. Smita Bhat

11.40 am - 12.10 pm

A paradigm shift in obesity management

Prof. Donna Ryan

12.10 pm - 12.20 pm

Discussion

12.20 pm - 01.20 pm

Panel Discussions: How to do it: CV risk reduction: A1c to ASA

Moderators: Dr. Shriram Mahadevan & Dr. Neeta Deshpande

Panelists: Dr. Ajit Mullaseri, Dr. S Murthy, Dr. A Ramachandran, Dr. Asha Mahilmaran,
Dr. Mala Dharmalingam, Dr. Sriram Rajagopal

01.20 pm - 02.00 pm

LUNCH

02.00pm - 5.45 pm

Workshops (Each workshop 1hr 15mins)

02.00 pm - 03.15 pm

Lipids in health & disease : Dr. K Seshadri/ Dr. S N Narasingan / TBD

Moderators: Dr. Muthukumaran Jeyapaul/ Dr. Velayudham P

03.15 pm - 04.30 pm

Sleep, Stress, Depression & Coping: Dr. S V Madhu / Dr. Tara Srinivasan / Dr. Sudha Vidyasagar /Dr. S Ramakrishnan

Moderators: Dr. Jyoti Idiculla/Dr. D K Sriram

04.30 pm - 05.45 pm

Glucose monitoring: Dr. A K Singh / Dr. Shailaja Kale / Dr. Suresh Damodaran

Moderators: TBD / Dr. Sujoy Ghosh

DAY 2- HALL-B

SATURDAY, 20TH AUGUST, 2016

07.30 am - 09.00 am **Breakfast symposium** (Limited to 100 participants only) - **GDM:** Dr. Usha Sriram & Dr. Sunil Gupta
Moderator: Dr. Sakthivel V

Session 1

09.00 am - 09.20 am

09.20 am - 09.40 am

09.40 am - 10.00 am

10.00 am - 10.10 am

10.10 am - 10.20 am

Chairs: TBD & Dr. Mythili A

Approach to Hirsutism in girls and women & links to diabetes

Is GDM an Inflammatory disorder?

Sleep, Obstructive sleep apnea, health risks in women

Fact Check: Breast feeding and glucose tolerance

Discussion

Dr. Prema Varthakavi

Dr. Rajeev Chawla

Dr. S Ramakrishnan

Dr. Anjali Bhatt

Session 2

10.20 am - 10.40 am

10.40 am - 11.00 am

11.00 am - 11.10 am

Chairs: Dr. Padma Menon & Dr. Rama Vaidya

Recurrent pregnancy losses: Diabetes, Thyroid & more

Metformin: A wonder Drug in reproductive health?

Discussion

Dr. K. Swaminathan

Dr. S P Chan

11.10 am - 11.20 am

COFFEE

Session 3

11.20 am - 11.40 am

11.40 am - 11.50 am

11.50 am - 12.10 am

12.10 pm - 12.20 pm

12.20 pm - 01.20 pm

Chairs: TBD/TBD

Pre-op and in hospital care of women with hyperglycemia

Fact Check: Breast and uterine cancers in women with diabetes

Metabolic and CV risk at the menopause

Discussions

Panel Discussions: GDM & Pre GDM

Moderators: Dr. Uma Ram & Dr. Rajiv Kovil

Panelists: Dr. Shilpa Joshi, Dr. Mala Dharmalingam, Dr. Aisha Sheik, Dr. Sunil Gupta,

Dr. Hema Divakar, & Dr. Chandrika Wijeratne

Dr. G Vijayakumar

Dr. Rajeswari Janakiraman

Dr. Shailaja Kale

01.20 pm - 02.00 pm

LUNCH

02.00pm - 05.45 pm

02.00 pm - 03.15 pm

03.15 pm - 04.30 pm

04.30 pm - 05.45 pm

Workshops (Each workshop 1hr 15mins)

PCOS: Dr. Alka Kriplani / Dr. Shailaja Kale/ Dr. Nirmala Jaishankar /Dr. Mridhubashini Govindarajan/Dr. Ramani Devi

Moderators: Dr. Anjali Satya/ Dr. Shobana Mahadevan

Menopause & HRT: Dr. Suma Natarajan / Dr. Lakshmi Seshadri / Dr. Rama Vaidya

Moderators: Dr. Jayashree Gopal / Dr. Jaishree Gajaraj

Obesity: Prof. Donna Ryan / Dr. Shilpa Joshi /Dr. Praveen Raj

Moderators: Dr. Anjana Ranjit Unnikrishnan / Dr. Neeta Deshpande

NATIONAL FACULTY

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DIWAAS

DIABETES IN WOMEN ADVANCES
AND ADVOCACY SUMMIT

AUGUST 19-20 2016
ITC GRAND CHOLA, CHENNAI
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Title (Please tick) Prof. Dr. Mr. Mrs. Ms.

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Name of Hospital/ Institution _____

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City _____ State _____ Pin _____

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Email ID _____

Payment modality: (Tick where applicable) in favour of "ACEER HEALTH - DIWAAS 2016" payable at Chennai.

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Registration fee: We welcome early bird registration

Breakfast Symposium

● Delegate: Rs. 8000 ● Student / PGs: Rs 5000

Please send the completed form by mail/fax or e-mail.

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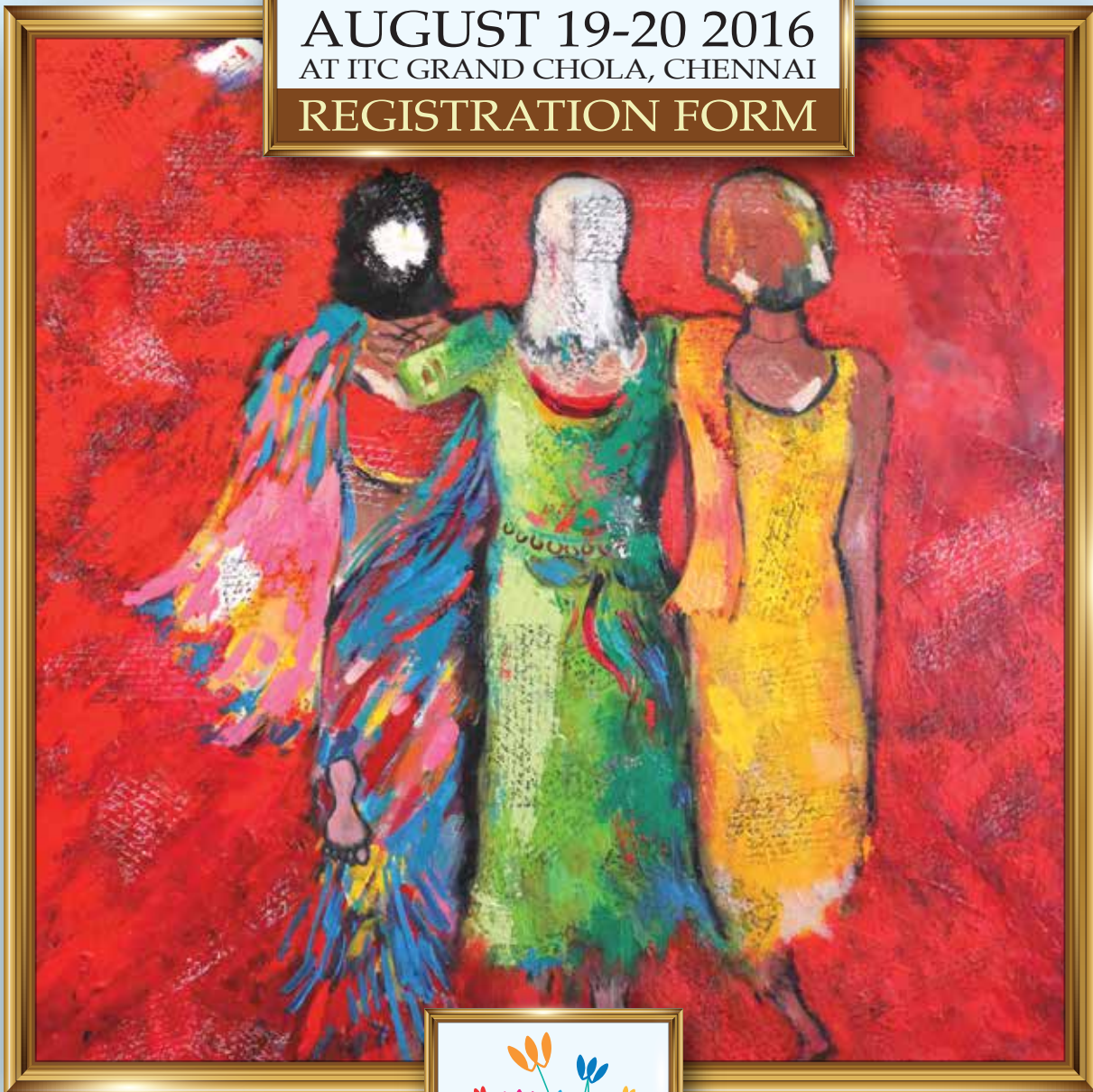
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REGISTRATION FORM



THANK YOU

ACEER Health acknowledges all the people and the many organizations that have made DIWAAS 2016 possible. We are particularly thankful to the International faculty and the National faculty, the sponsors, the conference secretariat, the organizing committee, the staff and the support team at ACEER Health and the many industry colleagues who have contributed immensely to this effort.

For Travel, Accommodation and
other Logistics please contact:

Ms. Priya -

O: 91 - 44 - 2446 0762 / 63

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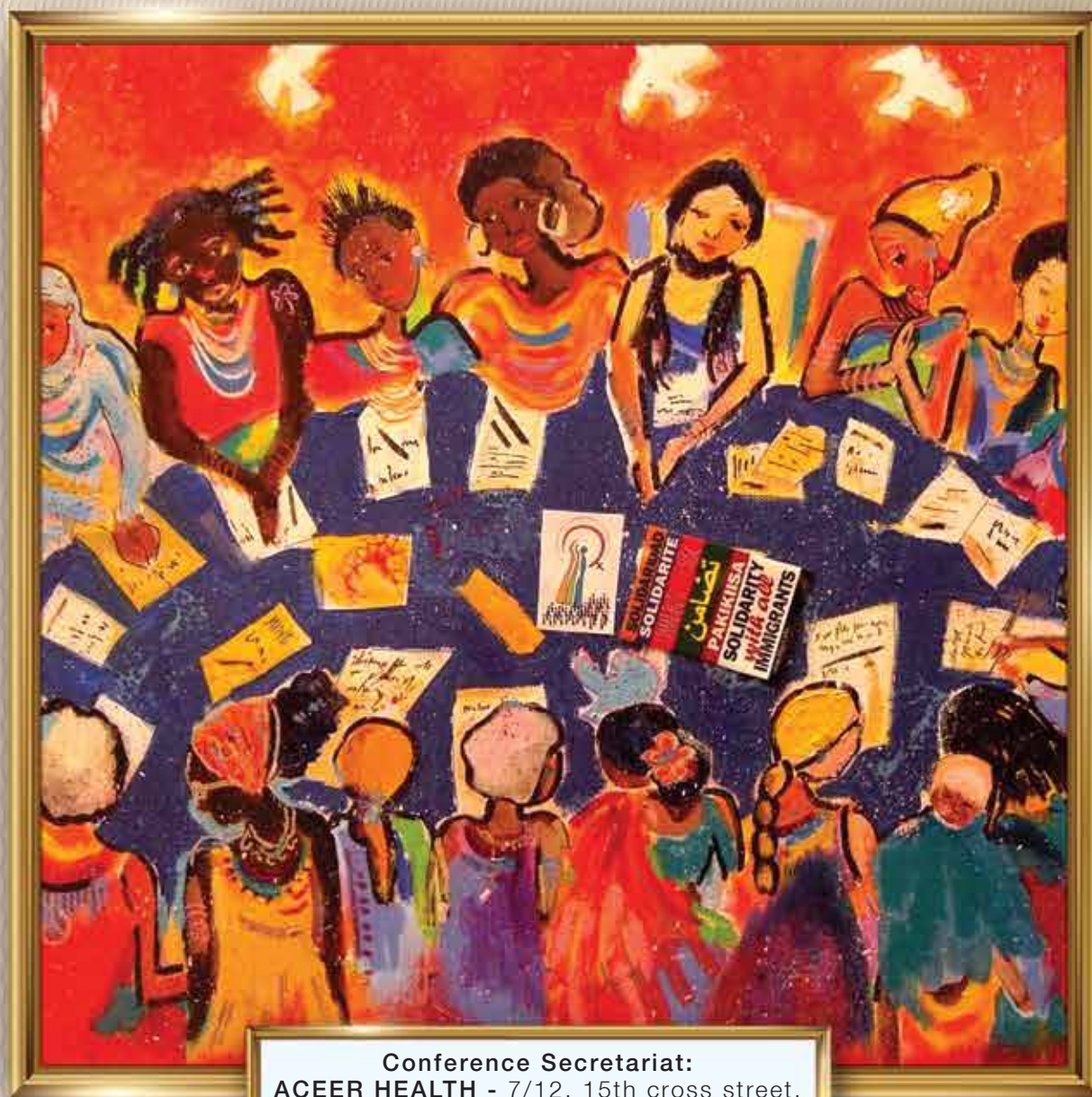
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PREVENTION AND MANAGEMENT OF DIABETES COMPLICATIONS AND COMORBIDITIES



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