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FOCUS ON
NON COMMUNICABLE
DISEASES
&
PREGNANCY

DATE
SATURDAY SEP 2 2017

VENUE
ITC GRAND CHOLA
CHENNAI



7/12, 15th Cross Street, Sastri Nagar, Adyar, Chennai - 600020
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Time	Topic	Speaker
08.50 - 09.00	Welcome	
09.00 - 09.20	Health of Indian Women: A moving target.	Dr. Gita Arjun
09.20 - 09.40	Body Mass Index and pregnancy outcomes.	Dr. Uma Ram
09.40 - 10.00	Hypertension: Targets, Therapies and Impact.	Dr. Muralidhar Pai
10.00 - 10.15	Discussion	
10.15 - 10.25	Coffee Break	
10.25 - 10.45	Low birth weight: Are NCDs being born?	Dr. Nikhil Tandon
10.45 - 11.05	Gestational Diabetes: GDM is the bridge to link MNCH and NCD prevention and achieve SDG3 goals.	Dr. Anil Kapur
11.05 - 11.25	Preconception care.	Dr. Hema Divakar
11.25 - 11.40	Discussion	
11.40 - 12.00	Asthma, Air pollution and COPD: Effect on Mother and Baby.	Dr. Sundeep Salvi
12.00 - 12.20	Smoking, alcohol and drugs: Rising risky behaviour.	Dr. Jayashree Gopal
12.20 - 12.40	Heart diseases in women in their reproductive years: New threats and old toes.	Dr. Asha Mahilmaran
12.40 - 12.55	Discussion	
12.55 - 01.15	Physical activity: Barriers, benefits and best options.	Dr. Neeta Deshpande



Time	Topic	Speaker
01.15 - 01.35	Stress, mental health, domestic violence and pregnancy outcomes.	Dr. Thara Srinivasan
01.35 - 02.15	Lunch	
02.15 - 02.35	A life course approach: the golden opportunity for NCD prevention in girls and women?	Dr. Damodhar Bachani
02.05 - 02.55	Pregnancy: As a window to future chronic diseases.	Dr. Usha Sriram
02.55 - 03.15	Calcium, Vitamin-D and their role in pregnancy outcomes.	Dr. Beena Bansal
03.15 - 03.30	Discussion	
03.30 - 03.50	Preconception, pregnancy and postpartum as windows of opportunity for cancer screening, prevention and education.	Dr. Lakshmi Seshadri
03.50 - 04.10	Nutrition and maternal health food for thought.	Dr. Shilpa Joshi
04.10 - 04.30	Thyroid dysfunction at the intersection of NCDs and Pregnancy.	Dr. A.G. Unnikrishnan
04.30 - 04.45	Discussion	

05.00 – 06.30

PANEL DISCUSSIONS:

The role of civil society, policy makers, medical community and the government in raising awareness and doing advocacy promoting women's health





DIABETES IN WOMEN WORLDWIDE
AWARENESS ADVOCACY ACTION STRATEGIES

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