



Initiatives and Interventions for
Cardiovascular Risk Reduction in Diabetes

March 6th - 7th 2010
Le Meridien, Chennai, India

Dear Colleagues,

On behalf of ACEER Health, we take great pleasure in inviting you to Chennai on March 6 and 7, 2010 for the first national conference on Diabetes, CV risk and initiatives for risk reduction. This two day program will bring together international and national experts on diabetes, hypertension, lipids, obesity and cardiology. Current concepts, Standards of care, controversies and guidelines will be discussed in great detail by faculty members who bring with them many years of clinical experience and academic excellence. Case discussions that will focus on the “real world” challenges will be the highlight of the program. We have designed the scientific program to address glycemic control, dyslipidemia, hypertension, obesity, metabolic syndrome and cardiac risk assessment balancing current evidence, cost effectiveness and safety.

Chennai is the capital of Tamilnadu and is the epicenter of carnatic music, classical dance, medical education and healthcare in India. Chennai is the home to many pioneers in Diabetes and Cardiology and it is fitting that this meeting on cardiovascular risk reduction in diabetes is held here. This conference is intended for physicians, diabetologists, cardiologists, endocrinologists, nephrologists, and physicians in training. We are looking forward to having all those who are actively involved in the care of prediabetic and diabetic men, women and children attend and participate actively in this program.

Thanks and warm regards

See you in Chennai
Chennaiyil sandipom!

Dr Usha Sriram
Dr Shriram Mahadevan
Dr Muthukumaran Jeyapaul
Dr S.Muthukumar
Dr V.Kumaravel
Dr Arun Kannan



Day 1- Saturday, March 6, 2010

Registration 7 am to 9 am Welcome 9 – 9.05 am

SESSION 1 CHAIRS Prof. V. Seshiah & Prof. Jacob Jose

9.05-9.25 **Scope of the problem of Twin epidemics** Prof S.Thanikachalam

9.25-9.45 **Genes DM and CVD** Dr. Muthukumaran Jeyapaul

9.45-10.10 **Glycemic control and CVD: Making sense of the evidence** Prof.Mark Molitch

10.10-10.30 **Post prandial hyperglycemia: importance in CVD** Prof.Venkatraman

10.30-10.45 **Audience Interaction**

10.45-11.10 **Tea break**

SESSION 2 CHAIRS Prof. MS Seshadri & Prof. AK Das

11.10-11.40 **Optimizing glucose control: Options and guidelines** Prof. Mark Molitch

11.40-12.00 **is hypoglycemia a new CV risk factor?** Prof. Mala Dharmalingam

12.00- 12.20 **Prediabetes: how aggressive should we be?** Prof A Ramachandran

12.20- 1.00 **Interactive case discussions** Dr Shriram Mahadevan, Prof.Raakesh Sahay

1.00-1.40 **Lunch**

SESSION 3 CHAIRS Prof. RS Hariharan & Dr. Sriram Rajagopal

1.40-2.00 **Profile of diabetic dyslipidemia In India** Prof. V. Mohan

2.00-2.30 **LDL & Statin story** Prof. Michael Davidson

2.30-2.50 **Jupiter and its relevance to India** Prof. Kris Vijayaraghavan

2.50-3.05 **Audience interaction**

SESSION 4 CHAIRS Prof. MV Muraleedharan & Prof I. Sathyamurthy

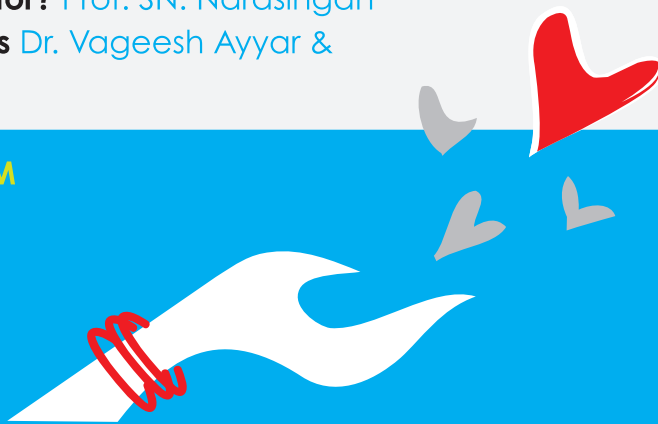
3.05-3.25 **Advanced lipoprotein testing why and when?** Prof. Nihal Thomas

3.25-3.55 **Importance of HDL and Strategies for raising HDL.** Prof. Michael Davidson

3.55-4.15 **Triglycerides Star or supporting actor?** Prof. SN. Narasingan

4.15-5.15 **Interactive case based discussions** Dr. Vageesh Ayyar &
Dr. Muthukumaran Jeyapaul

BANQUET March 6 Saturday 7.00- 10.00 PM



An evening dedicated to women's heart health: an evening of humor, fashion, culture and knowledge. Coordinators: Dr. Usha Sriram and Dr. Jayashree Gopal

March 7, 2010 - Breakfast Meet the Professor

Group	Professor		Coordinator
1	Mathew Sorrentino	G.Vijayakumar	Dr.V.Kumaravel
2	Mark Molitch	Ganapathy Bantwal	Dr.S.Murthy
3	Michael Davidson	YVC Reddy	Dr. Shriram Mahadevan
4	Jacob Jose	Shriram Rajagopal	Dr. Hariharan Sundar

Registration Limited to **50** per group

Registration fee Rs. 500

Registration can be done by phone, fax, email or in person

Please send cheque or money order in favour of

CHAKRA FOUNDATION

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Email icardia2010@gmail.com

Day 2- Sunday, March 7, 2010

SESSION 5 CHAIRS Prof K Kannan & Prof George Abraham

- 9.00-9.20 **Prevalence and Pathophysiology of HTN in DM** Prof. Chenniappan
- 9.20-9.50 **Targets & strategies for Optimizing BP** Prof. Mathew Sorrentino
- 9.50-10.20 **Renoprotection: Significance of Micro albumin** Prof.Mark Molitch
- 10.20-10.40 **Audience interaction**
- 10.40-11.05 **Coffee break**

SESSION 6 CHAIRS Prof Sivakadaksham & Prof Anil Bansali

- 11.00-11.20 **Prothrombotic milieu: The role of antiplatelet therapy** Prof.KM Prasanna Kumar
- 11.20-11.40 **CV risk in diabetes: what are the guidelines?** Prof.Michael Davidson
- 11.40- 12.00 **PVD & Cerebrovascular disease in DM: Indian perspective** Dr Vijay Viswanathan
- 12.00-12.20 **Vitamin D deficiency: How big a role does it play in DM & CVD** Dr Ambrish Mithal
- 12.20-1.10 **Interactive case based discussions** Dr Kumar JS & Dr Unnikrishnan
- 1.10-2.00 **Lunch**

SESSION 7 CHAIRS Prof.RV Jayakumar & Prof.KP Misra

- 2.00-2.20 **CV risk assessment in diabetes** Dr Mathew Sorrentino
- 2.20-2.40 **Metabolic syndrome** Dr Anoop Misra
- 2.40-3.10 **Lifestyle modification Weighing the evidence and outlining strategies**
Dr. Mathew Sorrentino
- 3.10-3.30 **Audience interaction**

SESSION 8 CHAIRS Prof Vidyasagar & Dr JSN Murthy

- 3.30-3.50 **Heart failure in diabetes** Dr Kris Vijayaraghavan
- 3.50-4.10 **Pharmacotherapy and bariatric surgery** Dr.Shashank Joshi
- 4.10-4.30 **Angioplasty or Surgery or medical management?** Dr Ajit Mullaseri
- 4.30-5.10 **Interactive case based discussions** Dr.Kumaravel and Dr.S Sridhar

FACULTY International

Prof Mark Molitch	Northwestern University, Illinois, USA
Prof Mathew Sorrentino	University of Chicago, Illinois, USA
Prof Michael Davidson	University of Chicago, Illinois, USA
Dr Kris Vijayaraghavan	Scottsdale healthcare, Arizona, USA

National Faculty

Prof S Thanikachalam [Chennai](#)
Prof V Seshiah [Chennai](#)
Prof jacob Jose [Vellore](#)
Prof A.K. Das [Pondicherry](#)
Prof M.S .Seshadri [Vellore](#)
Prof R.S. Hariharan [Chennai](#)
Prof I. Satyamurthy [Chennai](#)
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Prof SN Narasingan [Chennai](#)
Dr Chenniappan [Trichi](#)
Prof KM Prasannakumar [Bengaluru](#)
Prof Ambrish Mithal [Delhi](#)
Dr Vageesh Ayyar [Bengaluru](#)
Prof Ganapathy Bantwal [Bengaluru](#)
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Dr V.Kumaravel [Madurai](#)
Dr Sundar Hariharan [Chennai](#)
Dr S Sridhar [Chennai](#)
Dr Jayashree Gopal [Chennai](#)
Dr Usha Sriram [Chennai](#)



Registration

Registration fee includes admission on both days of the conference as well as to the banquet on March 6, 2010.

FEE	TILL 25 Feb, 2010 Rs.2000	25, Feb- Mar 5, 2010 Spot Rs.2500	Registration Rs.3000	PG Registration Rs.1000
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Please send cheque or money order in favour of

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Official Travel Agent

For your travel needs, please contact Mr Kannan - M/S. GURU TRAVELS -98410 24612

Sponsorship

This conference has been made possible by generous unrestricted educational grants from the Industry and CHAKRA Foundation. The content, format or faculty selection has not been influenced by any of the sponsorships.

ACEER HEALTH – About Us

ACEER HEALTH is Associates in Clinical Endocrinology, Education and Research (ACEER) - an exclusive group of healthcare professionals committed to the cause of diabetes prevention, management as well as evaluation and treatment of hormonal disorders. The Center is also engaged in World-Class clinical and drug trials under the auspices of their experienced clinicians. Some of the researches undertaken are in the areas of osteoporosis, diabetes, growth disorders and dyslipidemia.

The Mission of ACEER is to provide the best standards of care in the field of Endocrinology. It is to the credit of the staff and their dedication that ACEER has landed a Public Private Partnership with the prestigious Madras Medical College (MMC) to provide teaching services for the undergraduate and postgraduate students in Endocrinology.

This super-specialty center is supported by experts in the field of Endocrinology headed by Dr. Usha Sriram and her team which includes: Drs. Shriram Mahadevan, Muthukumaran Jayapaul, V. Kumaravel and Arun Kannan. ACEER continues to make strides in bringing about the best practices in the field of Endocrinology to the community. Our areas of special interest include diabetes, gestational diabetes, lipid disorders, thyroid, pituitary, growth, bone health, obesity and polycystic ovary syndrome.

To know more about us, our Vision, Mission & Services visit us at www.aceerhealth.com

