



Date:

10th & 11th March, 2012

Venue:

Le Royal Meridien Hotel, Chennai

Organised by:



In Association with,



Initiatives & Interventions for Cardiovascular risk reduction in Diabetes



Dear Colleagues:

It gives me great pleasure to welcome you to the second iCARDIA meeting which will be held on March 10 and March 11 2012 at the Le Meridien hotel in Chennai. The first meeting in 2010 was hugely successful and has become the benchmark for scientific content, faculty excellence, audience interaction and overall satisfaction. The second program promises to be all that and much more. A phenomenal group of international and national experts will come together and deliberate for 2 days on glycemic control, hypertension, dyslipidemia, obesity, chronic kidney disease and outline strategies for CV risk reduction.

We plan to have several unique and interactive features that will keep the delegates engaged. Prof. Mark Molitch along with Prof. George Bakris will bring the most up-to-date evidence and their vast clinical experience and help the delegates navigate their challenging clinical situations with ease. Our very own national experts from the cardio diabetology area will add their expert perspectives and offer many solutions that comes from their many years of experience and clinical context.

This is truly a great opportunity to learn from the best in the field and apply the acquired knowledge and practical tips to clinical practice. This ultimately translates into improved outcomes for our patients and adherence to standards of care. We welcome all those who are actively involved in taking care of people with diabetes and those in academia and diabetes related research.

Please join us for two days of extraordinary lectures, energetic interactions and thought provoking discussions.

We look to another successful academic feast

See you in Chennai

Best regards

A handwritten signature in blue ink that reads 'Usha Sriram'.

Usha Sriram & The Aceer Team

International Faculty



Prof. Mark E. Molitch, MD

*Martha Leland Sherwin Professor of Endocrinology
Division of Endocrinology, Metabolism and Molecular Medicine
Northwestern University Feinberg School of Medicine.*

Prof. George L. Bakris, MD, Hon.D, F.A.S.H, F.A.S.N, F.A.H.A

*Professor of Medicine and Director of the Hypertensive Diseases Unit,
Department of Medicine, University of Chicago,
Pritzker School of Medicine.*



National Faculty

Dr. Muthukumar Jayapaul, Chennai

Dr. Rakesh Sahay, Hyderabad

Prof. A. Ramachandran, Chennai

Prof. Ambrish Mitthal, New Delhi

Dr. S. R. Arvind, Bengaluru

Dr. Vageesh Ayyar, Bengaluru

Dr.Thomas Paul, Vellore

Dr. Shashank Joshi, Mumbai

Dr.Manoj Chaddha, Mumbai

Dr.A.K Das, Pondicherry

Prof V. Seshiah, Chennai

Dr.M.S.Seshadri, Vellore

Dr.Shriraam Mahadevan, Chennai

Dr. Arun Kannan, Madurai

Dr.S.N. Narasingan, Chennai

Dr.Vishal Gupta, Mumbai

Dr.Chenniappan, Trichy

Dr.Mathew John, Thiruvananthapuram

Dr. Kumaravel, Madurai

Dr. Nihaal Thomas, Vellore

Dr.Venkataraman, Chennai

Dr. V. Mohan, Chennai

R.V. Jayakumar, Chennai

Dr. Prasanna Kumar, Bengaluru

Dr.Anand Moses, Chennai

Dr. Unnikrishnan, Chennai

Dr. Anjali Sathya, Chennai

Dr. Shantaram, Chennai

Dr. Arthur Asirvatham, Madurai

Dr. Preetham Arthur, Chennai

Dr. G.Vijayakumar, Chennai

Dr. S. Sridhar, Chennai

Dr. Ganpathy Bantwal, Bengaluru

Dr. Swaminathan, Madurai

Dr. Ajit Mullaseri, Chennai

Dr. Bhuma Srinivasan, Chennai

Dr. Neeta Deshpande, Belgaum

Dr. Mala Dharmalingam, Bengaluru

Dr. Jayasree Gopal, Chennai

Dr. Sarita Bajaj, Allahabad

Dr. Vasantha Nair, Cochin

Dr. Lakshmi Seshadri, Vellore

Dr. Gita Arjun, Chennai

Dr.Lilly John, Bengaluru

Dr. Padmavathy Menon, Mumbai

Dr. J.S.Kumar, Chennai

Dr. Bharat Ramji, Chennai

Dr. Georgi Abraham, Chennai

Dr. Sarita Dasari, Chennai

Dr. Jinadas, Chennai

Dr. Tom Babu, Cochin

Dr. Vijay Vishwanathan, Chennai

Dr. N.Sivakadasham, Chennai

Dr. R. S. Hariharan, Chennai

Dr. S. Murthy, Chennai

Dr. P.G.Sundaraman, Chennai

Dr. Velayudham, Coimbatore

Dr. Suresh, Coimbatore

Day 1

(Saturday, 10th March 2012)

Registration 7.00 am - 9.00 am; Welcome 8.45 am - 9.00 am

Session 1: (9.00 am - 10.30 am) - Prediabetes - Chairpersons : *Drs. TV Muthukumaran Jayapaul and Rakesh Sahay*

09:00 am - 09:25 am	Making sense of Hb A1C,GTT and Fasting glucose	Prof. A Ramachandran
09:25 am - 09:50 am	Can we stop the clock from ticking?	Prof. Mark Molitch
09:50 am - 10:15 am	The role of IGT as a CV risk factor.	Prof. Ambrish Mithal
10:15 am - 10:30 am	Audience Interaction	
10:30 am - 10:50 am	Tea Break	

Session 2: (10.50 am - 12.30 pm) - Obesity - Chairpersons : *Dr. Vageesh Ayaar & Dr. Thomas Paul*

10:50 am - 11:10 am	Diabetesity : New concepts:	Dr. S.R. Arvind
11:10 am - 11:30 am	Nutrition and lifestyle : lessons from look ahead and Why wait	Dr. Shashank -Joshi
11:30 am - 11:50 pm	Bariatric surgery A cure for diabetes?	Dr. Manoj Chaddha
11:50 pm - 12:10 pm	Fetal Origin of Adult Disease: Stories from Vellore	Dr. Nihal Thomas
12:10 PM - 12:30 PM	Audience Interaction	

Keynote Address - Chairpersons : *Prof.A.K. Das & Prof. V.Seshiah*

12.30 pm -1.00 pm	CV Safety of Therapeutic Agents in Diabetes	Prof. Mark Molitch
1.00 pm - 1.45 pm	Lunch	

Session 3: (1.45 pm - 3.15 pm) - Dyslipidemia - Chairpersons : *Dr. Shriraam Mahadeven and Dr. Arun Kannan*

1.45 pm - 2.05 pm	Is raising HDL critical & is it possible?	Dr. S.N. Narasingan
2.05 pm - 2.25 pm	Apo B or Non HDL or hs CRP or Lp A? Choosing a better risk marker	Dr. Vishal Gupta
2.25 pm - 2.45 pm	Statin Therapy: A scientific appraisal	Dr. Chenniappan
2.45 pm - 3.15 pm	Audience Interaction	

Session 4: (3.15 pm - 4.35 pm) - Dysglycemia - Chairs: *Dr. Mathew John & Dr. Kumaravel*

03:15 pm - 03:35 pm	A1c: Targets, Rationale, metabolic memory and CV risk reduction	Prof. Mark Molitch
03:35 pm - 03:55 pm	Hypoglycemia: The new villain in CV risk	Dr. Venkatraman
03:55 pm - 04:15 pm	Post Prandial state & Glucose variability: relevance to CV risk	Dr. V Mohan
04:15 pm - 04:35 pm	Audience Interaction	

Day 2

(Sunday, 11th March 2012)

Session 5: Workshop Session 1 – 9:00am – 10:00 am

1. Obesity	R.V. Jayakumar Dr. Prasanna Kumar Dr. Anand Moses	Moderators: Dr. Unnikrishnan Dr. Anjali Satya
2. In-Hospital Diabetes Management	Prof. Mark Molitch Dr. Shantharam Dr. Arthur Asirvatham Prof. M.S.Seshadri	Dr. G Vijaykumar Dr. S Sridhar

Session 6: Blood Pressure - Chairpersons : *Dr. Ganpathy Bantwal and Dr. Swaminathan*

10:00 am – 10:30 am	Is it time to change the blood pressure targets in diabetes?	Prof. George Bakris
10:30 am – 11:00 am	Choice of antihypertensives : ACE vs ARB vs others:	Prof. George Bakris
11:00 am – 11:30 am	CV risk assessment : TMT, Echo, CT, Spect, Angio : Choices, pitfalls and recommendations	Prof. Ajit Mullasari
11:30 am – 11:50 am	Audience Interaction	
11:50 am – 11:55 am	Coffee Break	

ACEER Workshop on Women, Diabetes and CV risk : Moderators : *Dr. Bhuma Srinivasan & Dr. Neeta Deshpande*

11:55 AM – 01:00 PM	Dr. Mala Dharmalingam Dr. Sarita Bajaj Dr. Lakshmi Seshadri Dr. Padmavathy Menon	Dr. Jayashree Gopal Dr. Vasantha Nair Dr. Gita Arjun Dr. Lily John
01:00 PM – 01:30 PM	LUNCH	

Session 7: Chronic Kidney Disease - Chairpersons : *Dr. Raghunathan and Dr. Bharath Ramji*

01:30 am – 01:55 am	Microalbumin, Creatinine, Cystatin , eGFR : which one and why?	Prof. George Bakris
01:55 am – 02:20 pm	Glycemic control through the CKD stages and ESRD	Prof. Vijay Vish
02:20 am – 02:45 pm	Strategies for preventing CVD in CKD	Prof. Mark Molitch
02:45 am – 03:00 pm	Audience Interaction	

Session 8: Workshop Session 2 - 3:00 – 4:00 PM

3. Hypertension and CKD (MADRAS 2)	Prof. George Bakris Dr. Georgi Abraham Dr. Vijay Viswanathan Dr. Sarita Dasari	Dr. Tom Babu Dr. Vijay Viswanathan
4. Dyslipidemia (MADRAS 3)	Dr. Sivakadaksham Dr. R.S. Hariharan Dr. S. Murthy Dr. PG Sundarraman	Dr. Velayudham Dr. Suresh

About



ACEER is the umbrella organization under which many Clinical, Educational, Research and Health promotional activities are carried out. Each of these verticals has its own mission while working synergistically towards the vision of ACEER. Excellence, Empathy, Empowerment and Ethics are our core principles.

Endocrinology and Diabetes care remains our forte and our highly qualified specialists and physicians engage in providing accurate diagnosis in a culturally sensitive, cost effective and compassionate manner. Our areas of special interest include Gestational Diabetes, Osteoporosis, Reproductive and Pediatric Endocrinology. We focus on empowering the patient with knowledge which allows them to adhere to their treatment for better outcomes. ACEER provides endocrinology coverage to many of the institutions in the city.

Education is valued most by ACEER consultants. We organize CME's, conferences, take part in physician and public education programs and make every effort to acquire and disseminate information. iCARDIA 2010, ENDIA 2011 and MEDPREP are our signature programs with the main intention to build capacity of our physicians.

One of ACEER's strength is Clinical Research, having been actively involved in many global trials like PEARL, GENERATIONS and in the development of first in class Molecules. Plans are on in the future month's to begin Investigator-Initiated studies, epidemiological studies to complete the array of activities possible in the realm of clinical research.

Quality of care is achieved when we have an empowered community; towards achieving that goal ACEER is involved in Health Promotional activities such as the Voice Against Diabetes (VAD), a unique effort to come together as a community to raise awareness about diabetes. VAD is a co-sponsor of the iCARDIA event.

With excellence as its goal, ACEER is moving forward with a new purpose and towards its vision of being a Center of Excellence in Clinical Care!

**For Further information contact
Associates in Clinical Endocrinology Education
and Research (ACEER)**

7/12, 15th Cross Street, Sastri Nagar, Adyar, Chennai - 600 020, Tamilnadu, India.
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E-Mail ID : aceergroup@gmail.com

Thank you...

ACEER acknowledges the people and the many organizations that have made iCARDIA 2012 possible. We are particularly thankful to the international and national faculty, the sponsors, the conference secretariat, the organizing committee, the staff and support team at ACEER and the many industry colleagues who have contributed immensely to this effort.



For Travel, Accommodation and other logistics please contact:

Ms. Priya

Off: 91 - 44 - 2446 0762 / 63

Mob: 91 - 98403 00907

Ms. Rani

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FOR A WORLD FREE FROM DIABETES AND ITS COMPLICATIONS



VAD or Voice Against Diabetes is the result of an acknowledgment of the current scenario with the intention of upping the ante in the fight against diabetes.

Being a common condition has stripped diabetes of its severity. Although diabetes is effectively manageable, in reality it does not happen! There is a critical need to screen for diabetes, detect and treat prediabetes, and prevent its progression to diabetes. There is an even greater need to help people with established diabetes manage their diabetes well.

Voice Against Diabetes is a diabetes awareness initiative with the intent to promote prevention, while also addressing its management. It is powered by an eminent advisory board, encompassing social activists, public health experts, management gurus and renowned doctors.

It's time to come together to make a change...

**Welcome to
Voice Against Diabetes.**



Initiatives and Interventions for Cardiovascular Risk Reduction in Diabetes

Registration Form

Title (Please tick) Prof. Dr. Mr. Mrs. Ms.

First Name _____

Last Name/Initials _____

Designation _____ Department _____

Name of Hospital/ Institution _____

Address _____

City _____ State _____ Pin _____

Phone No (s) _____ Mobile No _____

Email ID _____

Name of accompanying person (s)

1) _____

2) _____

3) _____

Payment - Amount Rs. _____ Cheque /DD No _____

Drawn on _____ (Send cheque / DD drawn in favor of ACEER ICARDIA 2012, payable at Chennai)

Days	Early Bird Rates Jan 31, 2011	Registration received before Feb 29,2012	Registrations received after Feb 29,2012	Spot Registration	Student
Day 1	Rs. 1500	Rs. 2000	Rs. 2500	Rs. 2750	Rs. 500
Day 2	Rs. 1500	Rs. 2000	Rs. 2500	Rs. 2750	Rs. 500
Day 1 & 2	Rs. 3000	Rs. 4000	Rs. 5000	Rs. 5500	Rs. 1000

Please send the completed form by mail/fax or email.

**iCARDIA 2012, The Conference Secretariat, Attention to Ms. Priya/Ms. Rani,
7/12, 15th Cross Street, Sastri Nagar, Adyar, Chennai 600 020. Phone: 044 244 60762/63.**

By Fax: 044 24460760/61 or scan and email to icardia2012@gmail.com

Date _____

Signature _____