



# REPRO

Reproductive Endocrinology,  
Pregnancy & Osteoporosis

**DATE :**  
Saturday - January 26 &  
Sunday - January 27, 2013

**VENUE:**  
Hotel Taj Coromandel,  
Nungambakkam, Chennai



Associates in Clinical Endocrinology, Education,  
Research and Health Promotion (ACEER Health)

**ACEER HEALTH PVT. LTD.**

7/12 15th Cross Street  
Shastri Nagar, Adyar,  
Chennai - 600 020

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## REPRODUCTIVE ENDOCRINOLOGY, PREGNANCY & OSTEOPOROSIS



### PARTNERS

ISBMR (Indian Society of Bone Mineral Research)

IMS (Indian Menopause Society) Chennai Chapter

WISH (Women of India Support of Health)

Dear Colleagues,

Greetings from the "REPRO" organizing committee. We are delighted to invite you to Chennai for two fantastic days of an update on "Reproductive Endocrinology". Repro has a very comprehensive scientific programme with outstanding faculty who bring with them rich academic background and extensive clinical experience.

Reproductive endocrinology has evolved over the past two decades with advances in molecular biology and emergence of new evidence and new treatment options.

REPRO will address the entire spectrum of paediatric, adolescent and adult reproductive endocrinology in great depth, providing delegates with the knowledge needed to manage the many simple and complex Clinical scenarios that they frequently encounter. The conference will provide the delegates with an opportunity to listen, learn, interact and get enriched.

REPRO is proud to be partnering with three groups who share the vision of ACEER Health. The Indian Society of Bone and Mineral Research [ISBMR] strives to promote through its various initiatives, awareness And research on bone health. The Chennai chapter of the Indian Menopause Society [IMS] is committed to updating physicians and the public on strategies to help peri and post menopausal women remain healthy and active. Women of India Support of Health [WISH] is a body that is dedicated to bringing outstanding educational programs and community level awareness on all aspects of women's health with a special focus on prevention.

REPRO is being held at the lovely Taj Coromandel Hotel which has been recently renovated. The new facility is breathtaking and is conveniently located.

Our conference team is looking forward to making your visit to Chennai a truly memorable and rewarding experience.

Looking forward to your presence and participation.

Warm regards

For the REPRO team

Usha Sriram

### ORGANIZED BY

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### Conference Coordinators

Ms. Sripriya

Ms. Rani

# Thank you...

ACEER Health acknowledges the people and the many organizations that have made REPRO 2013 possible. We are particularly thankful to the national faculty, the sponsors, the conference secretariat, the organizing committee, the staff and support team at ACEER Health and the many industry colleagues who have contributed immensely to this effort.



2013

For Travel, Accommodation and other logistics please contact:

Ms. Priya

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Ms. Rani

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## About



ACEER Health is the umbrella organization under which many Clinical, Educational, Research and Health promotional activities are carried out. Each of these verticals has its own mission while working synergistically towards the vision of ACEER. Excellence, Empathy, Empowerment and Ethics are our core principles.

Endocrinology and Diabetes care remains our forte and our highly qualified specialists and physicians engage in providing accurate diagnosis in a culturally sensitive, cost effective and compassionate manner. Our areas of special interest include Gestational Diabetes, Osteoporosis, Reproductive and Paediatric Endocrinology. We focus on empowering the patient with knowledge which allows them to adhere to their treatment for better outcomes. ACEER Health provides endocrinology coverage to many of the institutions in the city.

Education is valued most by ACEER Health consultants. We organize CME's, conferences, take part in physician and public education programs and make every effort to acquire and disseminate information. iCARDIA 2010, ENDIA 2011 and MEDPREP are our signature programs with the main intention to build capacity of our physicians.

One of ACEER Health's strength is Clinical Research, having been actively involved in many global trials like PEARL, and GENERATIONS and in the development of first in class molecules. ACEER Health is now focused on investigator initiated studies and epidemiological studies to complete the array of activities possible in the realm of clinical research. Quality of care is achieved when we have an empowered community. Towards achieving that goal, ACEER Health is involved in Health Promotional activities such as the Voice Against Diabetes (VAD), a unique effort to come together as a community to raise awareness about diabetes.

With excellence as its goal, ACEER Health is moving forward with a new purpose and towards its vision of being a Center of Excellence in Clinical Care!

### For Further information contact

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## NATIONAL FACULTY

Dr. A.K. Das, Puducherry	Dr. Ravikumar, Chennai
Dr. Ambrish Mithal, New Delhi	Dr. S. Suresh, Chennai
Dr. A. Andral, Chennai	Dr. Savithri Subramaniam, Chennai
Dr. Anjali Sathya, Chennai	Dr. M.S. Seshadri, Vellore
Dr. Anuradha Pichumani, Chengalpattu	Dr. Shaila Shamanur Bhattacharya, Bangalore
Dr. Banshi Saboo, Ahmedabad	Dr. Sharadha Srinivas, Chennai
Dr. Bhuma Srinivasan, Chennai	Dr. Shashank Joshi, Mumbai
Dr. Bhaskar Raju, Chennai	Dr. Shriram Mahadevan, Chennai
Dr. Gita Arjun, Chennai	Dr. Shobana Mahadevan, Chennai
Dr. Hepsiba, Chennai	Dr. Sruti Chandrasekhar, Chennai
Dr. Jaishree Gajaraj, Chennai	Dr. D.K. Sriram, Chennai
Dr. Jayashree Gopal, Chennai	Dr. Sivan Arul Selvan, Chennai
Dr. Kalpana Gowrishankar, Chennai	Dr. Subrato Dey, Kolkata
Dr. C.V. Kannaki, Coimbatore	Dr. Suresh Prabu, Chennai
Dr. Krishnan Swaminathan, Madurai	Dr. Suma Natarajan, Coimbatore
Dr. V. Kumaravel, Madurai	Dr. Sumana Manohar, Chennai
Dr. Lakshmi Seshadri, Vellore	Dr. Sundarraman P.G, Chennai
Dr. Mala Dharmalingam, Bangalore	Dr. Sudha Rathnaprabhu, Chennai
Dr. Meena Kumari, Coimbatore	Dr. Suresh Damodaran, Coimbatore
Dr. Meena Thiagarajan, Chennai	Dr. S. Tarakeswari, Hyderabad
Dr. Mridhubashini Govindarajan, Coimbatore	Dr. Thankam Varma, Chennai
Dr. S. Murthy, Chennai	Dr. Uma Ram, Chennai
Dr. Muthukumaran Jayapaul, Chennai	Dr. Uma Sankari Sundaram, Chennai
Dr. Nalini Shah, Mumbai	Dr. A.G. Unnikrishnan, Cochin
Dr. Nihal Thomas, Vellore	Dr. Usha Reddy, Chennai
Dr. Nikhil Tandon, New Delhi	Dr. Usha Sriram, Chennai
Dr. Nirmala Jaishankar, Chennai	Dr. Vaman Khadilkar, Pune
Dr. Nozer Sherier, Mumbai	Dr. V.V. Varadharajan, Chennai
Dr. Padmasini Srinivasan, Chennai	Dr. G. Vijayakumar, Chennai
Dr. Pranathi Reddy, Hyderabad	Dr. Vijayalakshmi Bhatia, Lucknow
Dr. Raghupathy, Bangalore	
Dr. Ramani Devi, Trichy	

# Day 1 PAEDIATRIC AND ADOLESCENT ENDOCRINOLOGY

# Day 2 PREGNANCY, PCOS, MENOPAUSE AND OSTEOPOROSIS

## Session 1 Chairpersons: Dr. Raghupathy and Dr. Sumana Manohar

09.00 am - 09.20 am	SGA: Small for Gestational Age An Endocrine and Reproductive perspective	Dr. Nalini Shah
09.20 am - 09.40 am	SGA: The Obstetrician's perspective: How to Predict-Prevent and Manage	Dr. Uma Ram
09.40 am - 10.00 am	Disorders of Sex differentiation: What's New?	Dr. Subrato Dey
10.00 am - 10.20 am	Newborn screening for endocrine and metabolic disorders	Dr. Sudha Rathnaprabhu/ Dr. S. Suresh
10.20 am - 10.35 am	Discussion	

## 10.35 am - 10.50 am Coffee

## Session 2 Chairpersons: Dr. Jaishree Gajaraj and Dr. Kalpana Gowrishankar

10.50 am - 11.10 am	Growth and Puberty: Current norms and trends	Dr. Vaman Khadilkar
11.10 am - 11.30 am	Delayed Puberty: How to evaluate and when to intervene	Dr. Shaila Shamanur Bhattacharya
11.30 am - 11.50 am	Puberty: When and why is it too early?	Dr. Vijayalakshmi Bhatia
11.50 am - 12.10 pm	Turner syndrome: Current standards of care	Dr. Nalini Shah
12.10 pm - 12.25 pm	Discussion	

## Session 3 Chairpersons: Dr. Padmasini and Dr. Nalini Shah

12.25 pm - 01.20 pm	Case based panel discussion on current concepts /controversies in Growth and Puberty	
	<b>Moderators:</b> Dr. Muthukumaran Jeyapaul and Dr. Shriram Mahadevan	
	<b>Panelists:</b> Dr. S. Murthy, Dr. Vijayalakshmi Bhatia, Dr. Vaman Khadilkar, Dr. Meena Kumari, Dr. Sharadha Srinivas	

## 01.20 pm - 2.00 pm Lunch

## Session 4 Chairpersons: Dr. S. Murthy and Dr. Bhaskar Raju

02.00 pm - 02.20 pm	Diabetes in the young	Dr. Nihal Thomas
02.20 pm - 02.40 pm	Optimizing Vitamin D and Bone Health newborns and in children	Dr. Nikhil Tandon
02.40 pm - 03.00 pm	Adolescent PCOS Making the right diagnosis and managing it well	Dr. Gita Arjun
03.00 pm - 03.20 pm	Childhood Obesity: Just lifestyle or something else?	Dr. A.G. Unnikrishnan
03.20 pm - 03.35 pm	Discussion	

## 03.35 pm - 04.00 pm Coffee

## Session 5 Chairpersons: Dr. V.V. Varadharajan and Dr. Vaman Khadilkar

04.00 pm - 05.00 pm	Case discussions Thyroid disorders in the newborn, childhood and adolescence	
	<b>Moderators:</b> Dr. Ravikumar and Dr. Kumaravel	
	<b>Panelists:</b> Dr. Subrato Dey, Dr. Nikhil Tandon, Dr. Shaila Shamanur, Dr. P.G. Sundarraman, Dr. Meena Thiagarajan	

## 08.00 am - 09.00 am Workshops (Limited to 200 participants each)

### Workshop on Amenorrhea

**Moderators:** Dr. Anjali Sathya and Dr. Shruthi Chandrasekhar

**Panelists:** Dr. Ramani Devi, Dr. Nirmala Jaishankar, Dr. C.V. Kannaki, Dr. Shobana Mahadevan

### Workshop on GDM

**Moderators:** Dr. Bhuma Srinivasan and Dr. D.K. Sriram

**Panelists:** Dr. Lakshmi Seshadri, Dr. Mridhubashini Govindarajan, Dr. Usha Reddy, Dr. G. Vijayakumar, Dr. Anuradha Pichumani

## Session 6 Chairpersons: Dr. Savithri Subramaniam and Dr. Nirmala Jaishankar

09.10 am - 09.30 am	Recurrent Pregnancy Losses: A rational approach with special focus on counselling	Dr. Tarakeswari
09.30 am - 09.50 am	Ovulation: The hormonal basis for the strategies	Dr. Mridhubashini Govindarajan
09.50 am - 10.10 am	Hyperprolactinemia: Assessment and management	Dr. Suresh Damodaran
10.10 am - 10.30 am	POF: A scientific and sensitive approach	Dr. Nozer Sherier
10.30 am - 10.45 am	Discussion	

## 10.45 am - 11.10 am Coffee

## Session 7 Chairpersons: Dr. Banshi Saboo and Dr. A.K. Das

11.10 am - 11.30 am	Thyroid & Pregnancy	Dr. Krishnan Swaminathan
11.30 am - 11.50 am	Gestational Diabetes	Dr. Mala Dharmalingam
11.50 am - 12.10 pm	Contraception: Hormonal and Non Hormonal	Dr. Sumana Manohar
12.10 pm - 12.25 pm	Audience Interaction	

## Session 8 Chairpersons: Dr. Lakshmi Seshadri and Dr. Hepsiba

12.25 pm - 01.15 pm	PCOS: A case based approach to Hirsutism, Anovulation and Obesity	
	<b>Moderator:</b> Dr. Gita Arjun	
	<b>Panelists:</b> Dr. Jaishree Gajaraj, Dr. Mridhubashini, Dr. S. Suresh, Dr. Usha Sriram, Dr. Suma Natarajan	

## 1.15 pm - 2.00 pm Lunch

## Session 9 Chairpersons: Dr. M.S. Seshadri and Dr. Uma Ram

02.00 pm - 02.20 pm	PMS: Why does it happen and what can be done?	Dr. Pranathi Reddy
02.20 pm - 02.40 pm	Obesity: Can something be done?	Dr. Shashank Joshi
02.40 pm - 03.05 pm	Osteoporosis: The 2013 picture	Dr. Ambrish Mithal
03.05 pm - 03.20 pm	Discussion	

## Session 10 Chairpersons: Dr. Thankam Varma, Dr. Jaya Vijayaraghavan

03.50 pm - 04.10 pm	The hormonal and metabolic changes at the menopause	Dr. Jayashree Gopal
04.10 pm - 04.30 pm	HRT: A historical perspective	Dr. Lakshmi Seshadri
04.10 pm - 04.30 pm	Hormonal and Non Hormonal Rx for menopausal symptoms	Dr. Jaishree Gajaraj
04.30 pm - 04.45 pm	Audience Interaction	
04.45 pm - 05.00 pm	Valedictory Function: Awards and Thanks	

## 05.00 pm Coffee

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## Registration Form

Title (Please tick)  Prof.  Dr.  Mr.  Mrs.  Ms.

First Name \_\_\_\_\_

Last Name/Initials \_\_\_\_\_

Designation \_\_\_\_\_ Department \_\_\_\_\_

Name of Hospital/ Institution \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Pin \_\_\_\_\_

Phone No (s) \_\_\_\_\_ Mobile No \_\_\_\_\_

Email ID \_\_\_\_\_

Name of accompanying person (s)

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

Payment modality: (Tick where applicable) in favour of "ACEER HEALTH - REPRO 2013" payable at **Chennai**.

Demand Draft ( ) D.D No. \_\_\_\_\_ Bank \_\_\_\_\_ Dated \_\_\_\_\_

Cheque ( ) Cheque No. \_\_\_\_\_ Bank \_\_\_\_\_ Dated \_\_\_\_\_

Days	Till Dec 31, 2012	From Jan 1, 2013 onward	Spot Registration	Student
Day 1	Rs.2000	Rs.2500	Rs.3000	Rs.1000
Day 2	Rs.2000	Rs.2500	Rs.3000	Rs.1000
Day 1 & 2	Rs.4000	Rs.5000	Rs.5000	Rs.2000

Please send the completed form by mail/fax or email.  
The Conference Secretariat, Attention to Ms. Sripriya,  
7/12, 15th Cross Street, Sastri Nagar, Adyar, Chennai 600 020.  
Phone: 044 244 60762/63, Mobile: +91 98403 00907  
By Fax: 044 24460760/61 or scan and email to repro2013@gmail.com

Date \_\_\_\_\_

Signature \_\_\_\_\_